

## **ABSTRACT**

*European Schools offer the opportunity to observe the differences between students and how attention towards the individual is needed. Backed up by a set of frameworks, such as Gestion Mentale, Neuro-linguistic Programming and thinkers such as Paulo Freire, the work of empowering the individual when a challenge is present is exemplified in the context of Geography. What makes a student succeed when the default method is proven challenging. There is no limit as to what methods could be applied as long as they are all guided by the lines of placing the student in a powerful spot: the spot where a challenge becomes a learning opportunity.*

**Keywords:** *gestion mentale, neuro-linguistic programming, pedagogical dialogue, student-centred methods, individual support*